

October 2018 Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
	<p>1 Nutri-Grain Bar, Yogurt, Juice, Fruit, Milk</p> <p>Chicken Wrap, Sun Chips, Toss Salad, Broccoli Florets, Fruit, Milk</p>	<p>2 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk</p> <p>Taco Salad, Tortilla Chips, Tomato Salsa, Refried Beans, Lettuce Salad, Fruit, Milk</p>	<p>3 Breakfast Pizza, Fruit, Juice, Milk</p> <p>Chicken & Noodles, Mashed Potatoes, Peas, WW Roll 7-12, Baby Carrots, Fruit, Milk</p>	<p>4 Pancakes, Patty Sausage, Fruit, Juice, Milk</p> <p>Pepperoni Pizza, Lettuce Salad, Red Peppers & Cucumber Slices, Fruit, Milk</p>	<p>5 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk</p> <p>Hamburger on a bun, French Fries, Lettuce Salad, Sliced Tomato, Fruit, Milk</p>	6
7	<p>8 Sausage Biscuit, Fruit, Juice, Milk</p> <p>Spaghetti w/ Meatballs, Garlic Bread Stick, Green Beans, Tossed Salad, Fruit, Milk</p>	<p>9 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graham Cracker, Fruit, Juice, Milk</p> <p>Pulled Pork Sandwich, Ranch Fries, Peas, Cole Slaw, Fruit, Milk</p>	<p>10 Breakfast Pizza, Fruit, Juice, Milk</p> <p>Chicken Crispito, Tortilla Chip, Broccoli, Refried Beans, Fruit, Milk</p>	<p>11 French Toast Sticks, Link Sausage, Fruit, Juice, Milk</p> <p>Grilled Chicken Sandwich, Sweet Potato Fries, Red & Green Pepper Slices, Fruit, Milk</p>	<p>12 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk</p> <p>Country Steak, Mashed Potatoes & Gravy, Corn, Biscuit, Lettuce Salad, Fruit, Milk</p>	13
14	<p>15 W G Cereal, Yogurt, Fruit, Juice, Milk</p> <p>Hamburger on a bun, French Fries, Lettuce Salad, Sliced Tomato, Fruit, Milk</p>	<p>16 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk</p> <p>Corn Dog, Tater Tots, Green Beans, Fruit, Chocolate Chip Cookie, Milk</p>	<p>17 Breakfast Pizza, Fruit, Juice, Milk</p> <p>Goulash w/ WW Pasta, Green Beans, Lettuce Salad, Garlic Bread (9-12), Fruit, Milk</p>	<p>18 Star Spangled Pancakes, Yogurt, Strawberries, Blueberries, Sausage Patty, Juice, Milk</p> <p>Pork Rib Sandwich, Sweet Potato Fries, Lettuce salad, Sliced Tomato, Fruit, Milk</p>	<p>19 Biscuit w/ Sausage Gravy, Fruit, Juice, Milk</p> <p>Super Nachos, Southwestern Beans, Lettuce Salad, Tortilla Chips, Fruit, Milk</p>	20
21	<p>22 Blueberry Muffin, Yogurt, Fruit, Juice, Milk</p> <p>BBQ Beef on a Bun, Ranch Fries, Cole Slaw, Fruit, Milk</p>	<p>23 Bacon, Potato, and Cheese Omelet w/ Tomato Salsa, Graham Cracker, Fruit, Juice, Milk</p> <p>Turkey Sandwich, Sun Chips, Cucumbers & Carrots, Fruit, Oreo Cookie, Milk</p>	<p>24 Breakfast Pizza, Fruit, Juice, Milk</p> <p>Chicken Tetrastini, Garlic Breadsticks, Peas, Salad, Fruit, Milk</p>	<p>25 No School</p>	<p>26 No School</p>	27
28	<p>29 Pancake on a Stick, Fruit, Juice, Milk</p> <p>Chicken Quesadilla, Refried Beans, salsa, Broccoli, Tossed Salad, Fruit, Milk</p>	<p>30 Cheese Omelet, Oatmeal Square, Fruit, Juice, Milk</p> <p>Sloppy Joe on a Bun, Potato Wedges, Bell Peppers and Cucumbers, Fruit, Milk</p>	<p>31 Breakfast Pizza, Fruit, Juice, Milk</p> <p>Peg Legs, Mashed & Gruel, Golden Nuggets, Cannonballs, Ships Ahoy, Squid Ink</p>			